Teen Center Schedule
Multi-Purpose Room Fall 1 Sept 7-October 24 2010

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:45								6:00
6:00						**Teen**	**Teen**	6:15
6:30						**Center**	**Center**	6:30
6:45						**Closed**	**Closed**	6:45
7:00						**x**	**x**	7:00
7:15						**x**	**x**	7:15
7:30	**Rise &**		**Rise &**			**x**	**x**	7:30
7:45	**Shine**		**Shine**					7:45
8:00	**Yoga**		**Yoga**					8:00
8:15	**7:30-8:30**		**7:30-8:30**					8:15
8:30	**Ellen**		**Ellen**					8:30
8:45								8:45
9:00	**Silver**		**Silver**					9:00
9:15	**Sneakers**		**Sneakers**		**Yoga**			9:15
9:30	**9:00-10:00**		**9:00-10:00**		**For**			9:30
9:45	**Sandy**		**Sandy**		**Every**			9:45
10:00					**Body**			10:00
10:15	**Healthy**				**9-10:30**			10:15
10:30	**Seniors**				**Brita**			10:30
10:45	**10:15-11:15**		**Zumba**					10:45
11:00	**Sandy**		**Gold**		**Zumba**			11:00
11:15			**10:45-11:45**		**Gold Chair**			11:15
11:30			**Sarah**		**11-11:30**			11:30
11:45								11:45
12:00	**Lunch**		**Lunch**					12:00
12:15	**Break**		**Break**					12:15
12:30	**Yoga**		**Yoga**					12:30
12:45	**12-12:45**		**12-12:45**					12:45
1:00								1:00
1:15								1:15
2:00								2:00
2:00								2:00
2:15								2:15
2:30								2:30
3:00								3:00
3:30	**Step &**			**Dance**				3:30
4:00	**Stomp**			**Fusion**				4:00
4:15	**3:30-4:30**			**3:30-4:30**				4:15
4:30	**Annie**			**5/6 Katie**				4:30
4:45		**Dance**		**Dance**				4:45
5:00		**Fusion**		**Fusion**				5:00
5:15		**4:45-5:45**		**4:45-5:45**				5:15
5:30		**7/8 Katie**		**7/8 Katie**				5:30
5:45								5:45
6:00		**Dance**		**Dance**				6:00
7:00		**Fusion**		**Fusion**				7:00
-		**6:00-7:00**		**6:00-7:00**				-
-		**H.S. Katie**		**H.S. Katie**				-