CAMP-A-HOMA
Juniors: Ages 6-8
Seniors: Ages 9-12

Home Base Location: Teen Center
Activities Include: Canoeing, swimming, sports & games, camp olympics, arts & crafts, rock climbing, archery, service learning, team building, adventure days, fun Friday field trips every week and so much more!

Camp-A-Homa is designed to maintain traditional camp values while bringing new and exciting experiences to camp each week. Our goal is to unplug, be outside and have fun with engaging activities that target all types of campers. Our staff are extensively trained to work specifically with your camper to create a safe and welcoming environment.

Each week your camper will experience something new with our themed home base days. From our Holi Festival to our Fear Factor Day, campers will constantly be surprised and excited about what is going on at camp.

This summer we are very happy to introduce Thursday Adventure Day. We will be training campers in archery with new state of the art equipment, hiking all of our beautiful local peaks, and canoeing at different locations each week.

Don’t forget about the main event each week, our Friday field trips! Some of the Senior field trips include:

- FUNTOWN
- AQUABOGGAN
- REID & POPHAM STATE PARKS
- AND MANY MORE!

KINDERKAMP
Ages 5 and 6
Staff to Camper Ratio: 1:8

Home Base Location: Penobscot Bay YMCA
Activities Include: Arts and crafts, cooking, dance, siesta time, swimming, rock climbing, local beaches & parks and fun Friday field trips every week!

Your camper will be excited about new experiences while having the comfort of a consistent routine. Kinderkamp is designed for the first time camper. This group is always on an adventure to local spots like Farnsworth Museum, Merry Spring and Laite & Lincolnville beaches. Campers will be apart of fun and creative projects every week.

Don’t forget about the weekly field trip on Friday to places like:

- BANGOR CHILDREN’S MUSEUM
- PLAYLAND ADVENTURE
- FORT KNOX
- AND MANY MORE!

Camp-A-Homa
Home Base Schedule (Sample)
Monday – Thursday

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 AM</td>
<td>Before Care*</td>
</tr>
<tr>
<td>8:30 AM</td>
<td>Camp Starts</td>
</tr>
<tr>
<td>9:00 AM - Noon</td>
<td>Activity Starts</td>
</tr>
<tr>
<td>Noon - 12:30 PM</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:30 - 2:30 PM</td>
<td>Local Beach or YMCA Pool</td>
</tr>
<tr>
<td>3:30 PM</td>
<td>Camp Ends</td>
</tr>
<tr>
<td>3:30 - 5:30 PM</td>
<td>After Care*</td>
</tr>
</tbody>
</table>

*Additional Fee

*Friday field trip schedule will vary

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GET UP, GET OUT...AND GROW!

CAMP-A-HOMA AND KINDERKAMP

Cost:  
- $125/week Members  
- $150/week Non-Members  
- The Y offers a 10% discount for each additional child in the family!  
- Reserve your weeks now for only $25 per week! Simply pay the balance off before June 13!  
- Camp Scholarships are available. Please stop by the Member Services Desk for details.

Transportation Locations:  
Rockland South School & Penobscot Bay YMCA

Camp Day: Monday – Thursday, 8:30 AM-3:30PM*  
*Before and After Care are available for an additional fee. Please inquire at the Member Service Desk.

Friday Field Trips!  
- KinderKamp: 8:30-4:00 PM  
- Camp-A-Homa Juniors 8:30 AM-4:00 PM  
- Camp-A-Homa Seniors 8:30 AM-6:00 PM

CAMP WEEKS:  
- Week 1: June 23-27  
- Week 2: June 30-July 3*  
- Week 3: July 7-11  
- Week 4: July 14-18  
- Week 5: July 21-25  
- Week 6: July 28-Aug. 1  
- Week 7: August 4-8  
- Week 8: August 11-15  
- Week 9: August 18-22  
- Week 10: August 25-29  

*Pro-rated week: $100M, $120NM

Our staff is trained in the following:  
- American Red Cross CPR/First Aid  
- American Red Cross Lifeguard  
- Anti-Bullying Training  
- Child Protection Training  
- Archery Training  
- Rock Climbing Rescue Training  
- Behavior Management  
- Degrees in Education & Related Fields  

Plus many years of camp experience!

ADVENTURE CAMP  
Ages 12-14

Your child will enjoy many different experiences designed to get them outside and having a great time. Each camp will have a unique theme with many activities planned to engage them.

JUNE 30 – JULY 3: OUTDOOR ADVENTURE WEEK
Explore the outdoors in this camp that will feature many outdoor learning opportunities. Experience activities such as canoeing, hiking, ecology, and survival and first aid training.  
Monday–Thursday: 8:00 AM-3:00 PM  
Cost: $100 M, $125 NM  
Max: 13 Campers

JULY 7 – JULY 18: SAILING CAMP (2 WEEK CAMP)
Your child will learn the fundamentals of sailing during this camp. This camp is a must for any coastal resident with an interest in the ocean. In collaboration with the Rockport Boat Club the YMCA will bus sailors to the boat club each morning and then pick them up after the morning sail. From there each camper will enjoy afternoon activities at the Teen Center including outdoor games, a skate park, an indoor game room and more.  
Monday–Friday: 8:00 AM-5:00 PM  
(Teen Center closes at 5 PM)  
Max: 6 Campers  
Cost: $200 M, $225 NM

JULY 28 – AUGUST 1: AMUSEMENT PARK WEEK
Your camper will travel to four different amusement parks in Maine New Hampshire and enjoy a variety of rides and thrills. In addition there will be two nights of camping during the week.  
Monday 8:00 AM-4:00 PM  
We will leave Tuesday at 8:00 AM and arrive home Thursday around 5:00 PM  
Max: 13 Campers  
Cost: $400 M, $450 NM

AUGUST 4 – AUGUST 7: CAMPING IN ACADIA
Your camper will enjoy 4 days and 3 nights camping in a National Park. Enjoy the great outdoors, hiking, and relaxing on the beach while learning to set up camp and roughing it in the great outdoors.  
Drop off Monday 8:00 AM and return Thursday 3:00 PM  
Max: 13 Campers  
Cost: $125 M, $150 NM