



Pool Rules

1. All patrons must obey Lifeguards on duty.
2. Swim only when Lifeguard is on duty.
3. Swimmers must shower before entering pool.
4. Please remove shoes before entering pool area.
5. A swim test will be required of all swimmers 12 years old and under, and may be required of adults if lifeguard feels that the swimming ability may be in question. The swim test consists of swimming 25 yards on front, treading water for 1 min, and jumping into the pool. Anyone who did not pass or did not wish to take the swim test must wear a bubble belt or lifejacket and remain in the shallow end, unless accompanied by a parent. If there is more than 1 child who has not passed the swim test, they must all wear a bubble belt, unless otherwise approved by the lifeguard on duty.
6. Children under the age of 6 must be accompanied in the water by a parent, regardless of completion of swim test.
7. Children ages 10 and under must have a parent in the YMCA.
8. Children may not be left on the pool deck unsupervised.
9. All children 4 and under must wear a non-disposable rubber swim diaper in the pool, regardless of potty training.
10. Diving is permitted off the 9 foot wall of the Main Pool only.
11. Jumping in at the Therapy Pool is permitted off the 5 foot wall only.
12. Swimmers must enter the water facing forward only. Back dives, twists and flips are not permitted.
10. Swimmers must enter the water feet first in the shallow end of the Main Pool and feet first only in the therapy pool.
11. Swimmers must wear bathing suits.
12. Kickboards, barbells, swim fins and other aids are for lesson and lap swim use only. Noodles, balls, and rings are permitted for open and family swim use.

Slide Rules

1. Users must enter and exit slide on back, feet first.
2. Users must wait at the bottom of the stairs until the slide attendant gives the 'ok'.
3. Blue slide users must swim to the shallow end stairs; Yellow slide users must exit the pool using the deep end ladder.
4. Parents may catch their children, making sure they are far enough to not get hit by slider.
5. Users must wear a bubble if they have not completed the swim test regardless of being one on one with a parent.

